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dragonfly gazette

Vol. 1, February 2018

News Around The Pond

Hello **dragonfly** families and welcome to our first monthly newsletter!

I am excited to announce that our Agency has applied to start the Accreditation process through Accreditation of Early Learning and Care Services (www.aelcs.ca). "The purpose of accreditation is to ensure a high quality service to children and families. In the next few months, we will be involved in a self-study process that begins with looking closely at all aspects of the program's operation, including policies and procedures, activities, communication, facilities and governance." The first step we are taking toward becoming accredited is to form an Accreditation Team. If you or another family member is interested in helping us to become the best agency we can be, and have an evening to spare once a month, please contact FDH Coordinator Jenn at 780.621.2123 or email dragonflydayhomes@gmail.com, we would love to have a parent volunteer team member!

As a part of my proposal and vision for the Dragonfly agency I created a website where families, providers, and potential providers can access information, sign up for newsletters, and submit their interest to the agency. Please take a moment to scroll through the website www.dragonflydayhomes.ca. Our Family Handbook is also available on the website [here](#).

Also, please take a moment to like our Facebook page where the Agency can connect with families, providers, and other local agencies/resources: <https://www.facebook.com/dragonflydayhomes/>

Agency Policies were reviewed during the January 2018 Provider Meeting; any proposed changes to agency policies, procedures and forms and handbooks will be forwarded to Childcare Licensing for approval, and notice of changes will be posted here in the Gazette.

Newsletter Features:

News around the pond: This section will include agency updates about accreditation, billing, and policies as well as information about any upcoming agency events.

Clickable links: sources for referenced material as well as other helpful resources are hyperlinked in our newsletters! Click on icons and highlighted text to visit the associated website.

Calendar: meeting dates, community and agency events will be posted in this section.

Please Note:

"Outdoor, self-directed play is one of the best ways to connect children to their environment and community; to nurture their ingenuity, independence and sense of agency; and to support their mental and physical well-being."

-earthday.ca-

dragonfly providers take the children outdoors in all types of weather. **It is essential that children attending bring appropriate outdoor attire including boots, mittens, toque, jacket and snow pants.**

Breakfast Brain Power

“It’s important for kids to have breakfast every day, but *what* they eat in the morning is crucial too. Choosing breakfast foods that are rich in whole grains, fiber, and protein while low in added sugar may boost kids’ attention span, concentration, and memory — which they need to learn...”

-kidshealth.org

Try this child friendly favourite forwarded to us from Bonnie Edwards’ day home!

Golden Sweet Zucchini Pancakes

- 1/2 c whole wheat flour
- 1/2 c all purpose flour
- 1/4 tsp salt
- 1/2 tsp baking soda
- 1 tsp cinnamon
- 1/8 tsp nutmeg
- 2 large eggs
- 2 tbsp olive oil
- 1 tbsp brown sugar
- 2 tbsp milk
- 1/8 c plain yogurt
- 1/2 tsp vanilla
- 2 c shredded zucchini

Serve with plain greek yogurt and sliced strawberries! These pancakes freeze well and are sure to be a hit— make a double batch and freeze some for a quick and easy breakfast another day!

-www.superhealthykids.com

Since Mother Nature has given us plenty of snow this past week, what better time is there to decorate the great outdoors with **Snow Graffiti**?



Fill spray bottles with water and tint them with food colouring to decorate the fresh white blank canvas in your back yard or local park.

For this and other fantastic winter weather outdoor classroom ideas visit www.parents.com.



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				1	2	3
					Groundhog Day	
4	5	6	7	8	9	10
				Provider Meeting—7pm		
11	12	13	14	15	16	17
			Valentines Day		Chinese New Year	
18	19	20	21	22	23	24
	Family Day					
25	26	27	28			